



Footwear guide for AstroTurf users

Please Note:

Blades must never be worn on AstroTurf and neither must full studs as these can damage the surface and even more importantly could cause you injury, If you turn quickly in the wrong footwear you could cause injury. All footwear must be 'spotlessly' clean before entering the pitch area. Boots which are covered in mud or grass must be cleaned before use on the 3G surface.

PERMITTED



ARTIFICIAL GROUND (AG) RECOMMENDED

Specifically designed for extra abrasion, these boots usually feature more numerous and densely concentrated studs that vary in height and may be hollowed out.



FIRM GROUND (FG) RECOMMENDED

Sole plates feature moulded studs which are evenly dispersed across the foot to offer enhanced traction and comfort.



HARD GROUND (HG) RECOMMENDED

Sole plates utilise a harder Thermoplastic polyurethane composite for enhanced durability and typically feature multiple slightly shorter, evenly dispersed studs for optimal pressure distribution.



TURF TRAINER (TF) RECOMMENDED

Otherwise known as Astro's, they feature a solid rubber outsole with numerous, small multidirectional lugs spread across the sole, which offer limited grip in wet conditions.

FORBIDDEN



SOFT GROUND (SG) TEAR THE SURFACE

Sole features removable, replaceable screw-in studs and typically come in a six-stud configuration, with four at the forefoot and two at the heel.



SOFT GROUND PRO (SGP) TEAR THE SURFACE

Also known as Hybrid or Mixed Stud, the sole plate comprises of a combination of conical screw-in studs and moulded studs, which are most commonly bladed.



BLADES CAN CAUSE INJURY

Sole plates feature multiple straight slightly shorter, evenly dispersed studs that can restrict movement and turning which could cause injury.



FLAT SOLE (INDOOR) NO GRIP & FLATTENS SURFACE

Sole made up of non-marking materials such as moulded gum rubber and feature pivot points, flex grooves and herringbone patterns.



www.smwjfc.co.uk



staveley-mwfc-juniors